

1-day (7 hours)



Empower your teams with essential cybersecurity awareness in just one day!



This practical, non-technical training reveals the real impact of cybercrime on **small and medium-sized businesses** and outlines simple, effective measures that everyone can adopt to keep data safe. Perfect for end-users and decision-makers alike, this course turns cybersecurity into a shared responsibility—easy to understand and immediately actionable.



Join us to strengthen your organization's defense and foster a culture of cyber safety!

This 1-day training about cybersecurity awareness will explain the impact of cybercrime and what is expected from Small & Medium Sized Enterprises (SME) in terms of standard basic cybersecurity hygiene measures. This training is developed for a non technical audience - mainly end users - who want to be involved in contributing to their organization's cyber safety as cybersecurity is a common responsibility.

LEARNING OBJECTIVES

A unique 1-day learning experience to be able to:

- recognize phishing
- apply safety measures when sending, sharing and receiving information
- activate 2 factor authentication (2FA)
- recognize fake websites and apps
- safely use PC and mobile phone
- apply basic cyber hygiene measures to protect privacy

COURSE OUTLINE

- Phishing and how to act against it
- Secure mail
- Secure passwords and 2FA
- Basics of GDPR
- Safe browsing
- PC and mobile phone security
- Cybersecurity quiz: test your knowledge!

WHO SHOULD ATTEND?

This is a non-technical training designed for end-users, small business owners, and leaders across all areas of an organization. Perfect for management, business decision-makers, and other stakeholders, this course empowers participants to understand cybersecurity risks and best practices without needing an IT background.

COURSE MATERIAL/GENERAL INFORMATION

Participants will receive the presentation of the course, as well as useful links to ressources and relevant websites.