

PM² Foundation Training & Exam

2 Days (14 Hours) / Exam voucher included



Discover the **PM² Project Management Methodology** and how it can be beneficial for a wide range of individuals and organizations involved in project management.

- Gain knowledge in PM², a **structured and standardized approach** to project management
- Equip yourself with a methodology **adaptable and applicable** to various projects of all sizes
- Discover how you can apply PM², developed by the EC, to projects in all types of organizations
- Be prepared to **take your PM² Foundation exam**



The price includes a digital copy of training materials, a digital copy of the PM² Guide, your exam voucher, lunches and coffee breaks.

COURSE & LEARNING OBJECTIVES

Why should I attend the PM² Foundation course?

- Gain a deeper understanding of the PM² principles, processes, and techniques.
- Obtain the foundation knowledge necessary for effectively using the PM² Project Management methodology
- Understand the full PM² project life cycle, organization, roles & responsibilities
- Enhance your project management skills and make you more effective in managing projects, particularly those involving EU funding.
- Familiarize yourself with the key PM² Artefacts for initiating, planning, executing, controlling and closing projects
- Understand the implementation of core project management processes
- Understand key project management tools and techniques
- Prepare for the PM² Certification exam

This training course will alternate presentations, individual and group exercises, exchanges and sharing of experience.

COURSE CONTENT

This 2-day course starts at 09:00 and finishes at ± 17:00.

The time table below should be considered as a guideline. The trainer will make adjustments when necessary.

Day 1

9h00-9h30	Presentation of the course & participants
9h30-10h	Overview of PM ²
10h-10h30	Introduction to Project Management
10h30-10h45	Pause
10h45-12h00	Project Organisation and roles (+ exercises)
12h-12h30	Initiating Phase : Project Initiation Request, Business Case (+ exercises)
12h30-13h30	Lunch
13h30-14h	Initiating Phase (cont.) : Project Charter, Phase gate RfP (+ exercises)
14h-15h	Planning Phase : Project Workplan (WBS, estimation techniques) (+ exercises)
15h-15h15	Pause
15h15-16h30	Planning Phase (cont.) : Project Workplan (project schedule), Quality Management Plan and Requirements Management Plan, (+ exercises)
16h30-17h	Wrap up Day 1

Day 2

9h-9h15	Refresh Day 1
9h15-10h30	Planning Phase (cont.) : Risk Management Plan and other project plans, Phase gate RfE (+ exercises)
10h30-10h45	Pause
10h45-11h30	Stakeholders management & communication (+ exercises)
11h30-12h30	Executing Phase & Closing Phase

12h30-13h30	Lunch
13h30-15h00	Monitoring & Control
15h-15h15	Pause
15h15-16h30	Team dynamics & high performing teams
16h30-17h	Course wrap-up & exam guidance

A few days after the end of the course, the trainer will invite you to a one-hour Teams meeting to correct the mock exam as a group. This will also be an opportunity to ask your final questions before taking the exam.

WHO SHOULD ATTEND?

PM² is beneficial **for a wide range of individuals and organizations** involved in project management. Although it was developed by the European Commission for their own projects, it can be applied to projects in various other organizations as well.

Overall, PM² is designed to benefit a **broad audience involved in project management**, including project managers, team members, organizations, stakeholders, PMOs, government agencies, and project management professionals.

PREREQUISITES

There are no prerequisites to attend this course.

ABOUT THE EXAMINATION

PM² certification demonstrates **your expertise and understanding of the PM² methodology**. It provides external validation of your project management knowledge and skills, which can enhance your professional credibility. The certification is internationally recognized, and having it on your resume can make you stand out in the job market or within your organization.

The certification exam tests the level of the candidates' understanding on **the what, when, who and how of the PM² Methodology**. The exam structure is based on the four pillars of PM² and the PM² Mindsets.

This training includes the Certified PM² Foundation 3.0.1 by PM² GROUP exam voucher.

Shortly after the start of the training you will receive a voucher with which you can reserve your exam. Keep in mind that you must plan your exam at least 5 working days in advance.

- Exam duration: 75 minutes
- Number of exam questions: 100
- Minimum correct questions: 70
- Exam style: multiple choice, closed-book
- Each exam voucher gives access to only one attempt for the official exam
- This exam is available in the following languages: English, French, Spanish, Italian, and German

COURSE MATERIAL

Each learner will receive a copy of the PM² Guide V3.0.1. and a set of accredited training materials (presentation, sample exam questions, ...). We will also provide a copy of the PM² Guide and artefacts. These can also be downloaded [on the website of the European Commission](#).